

**LEARNING PHASE  
(PHASE I)  
PROGRESSION  
WORKSHEET**

**COLONEL MARY FEIK  
ACHIEVEMENT**

**03**

**CADET SENIOR AIRMAN**

**Scott Composite Squadron (GLR-IL-205)**

MEMBER'S LAST NAME, FIRST NAME, MIDDLE INITIAL

CAP IDENTIFICATION NUMBER (CAPID)

**ACHIEVEMENT REQUIREMENTS**

| Item  | Result  | Date Completed | Staff Initials |
|---|---|----------------|----------------|
| Cadet Physical Fitness Test   | Take CPFT for baseline (within 6 months)<br>Not necessary to score in the HFZ to promote                        |                |                |
| Fitness Activity  | Participate in 1 Fitness Activity during this Achievement<br>(Includes Physical Testing, Training, or Activity) |                |                |
| Leadership Chapter 3  | <input type="checkbox"/> Test   |                |                |
|   | <input type="checkbox"/> Interactive  |                |                |
| Achievement 3 Drill Test  | Correct:     / 11            Minimum: 8 / 11  |                |                |
| Aerospace Education<br>(Any module not yet completed)   | <input type="checkbox"/> Test   |                |                |
|   | <input type="checkbox"/> Interactive  |                |                |
| Character Development   | Participate in a monthly Character Development Forum  |                |                |
| Member possesses a complete uniform and complies with CAP grooming standards as stated in CAPR 39-1, Civil Air Patrol Uniform Manual. |   |                |                |
| Cadet Oath  | Recite from memory — May retest as many times as necessary to attain 100 percent accuracy                       |                |                |
| Active Participation  | Based on meetings/activities during previous 8 weeks  |                |                |
| Feedback  | Feedback completed by Flight Staff  |                |                |

**Civil Air Patrol Cadet Oath:** "I pledge that I will serve faithfully in the Civil Air Patrol Cadet Program, and that I will attend meetings regularly, participate actively in unit activities, obey my officers, wear my uniform properly, and advance my education and training rapidly to prepare myself to be of service to my community, state, and nation."

**MEMBER IS ELIGIBLE FOR PROMOTION TO CADET SENIOR AIRMAN**

|   |           |      |
|---|-----------|------|
| NAME AND GRADE OF CADET FLIGHT STAFF          | SIGNATURE | DATE |
| NAME AND GRADE OF CADET SQUADRON STAFF        | SIGNATURE | DATE |
| NAME AND GRADE OF DEPUTY COMMANDER FOR CADETS | SIGNATURE | DATE |

### Achievement 3 Drill Test

| Cadet Name:   |  | Senior Administrator:  |     |     |
|---|--|--|-----|-----|
| Date:   |  | Cadet Assistant:   |     |     |
| Conditions: At least 6 cadets into a flight of 2 elements |  |  |     |     |
| Passing Score: 73% (8 / 11)                               |  |  |     |     |
| #   | Command  | Acceptable Standards   | S   | U   |
| 01.   | At Close Interval, FALL IN                           | <ol style="list-style-type: none"> <li>1. Automatically executes AT Close Interval Dress Right, DRESS.</li> <li>2. Adjusts position to achieve proper dress and cover.</li> <li>3. Automatically executes Ready, FRONT.</li> <li>4. Stands at the position of attention.</li> </ol>  |     |     |
| 02.   | At Close Interval, Dress Right, DRESS & Ready, FRONT | <ol style="list-style-type: none"> <li>1. On DRESS, the left hand is placed so the heel of the hand rests on the left hip, fingertips point toward the ground, and the elbow in line with the body.</li> <li>2. Head and eyes turned 45-degrees to the right.</li> <li>3. On FRONT, return to the position of attention.</li> </ol>  |     |     |
| --  | FALL OUT   | <i>Not graded.</i>   | N/A | N/A |
| --  | FALL IN  | <i>Not graded; cadets in line formation at normal interval.</i>  | N/A | N/A |
| --  | Right, FACE  |  | N/A | N/A |
| 03.   | Close, MARCH (while halted)                          | 1. The base element stands fast, the other elements take two 12-inch steps to the right for each element from the base.  |     |     |
| 04.   | Extend, MARCH (while halted)                         | 1. The base element stands fast, the other elements take two 12-inch steps to the left for each element from the base.   |     |     |
| 05.   | Column of Files from the Right, Column Right, MARCH  | <ol style="list-style-type: none"> <li>1. On the preparatory command the element leaders turn their heads 45 degrees to the right. The base element leader commands Column Right, and the remaining element leaders command STAND FAST.</li> <li>2. On the command MARCH, the base element leader executes a face in marching to the right, then continues marching in the new direction.</li> <li>3. The remaining individuals in the base element march forward on the command of execution, pivot in approximately the same location as their element leader, and maintain a 40-inch distance.</li> <li>4. When the last individual of the previous element passes the next element leader, they command Column Right, MARCH at which time all cadets perform the movement in the same manner as the base element.</li> </ol> |     |     |
| --  | Flight, HALT   | <i>Not graded.</i>   | N/A | N/A |
| --  | FALL IN & FALL OUT                                   | <i>Not graded; used to take cadets out of a single file line and return them to line formation.</i>  | N/A | N/A |
| --  | Right, FACE  | <i>Not graded; places the cadets in column formation.</i>  | N/A | N/A |
| 06.   | Forward, MARCH                                       | <ol style="list-style-type: none"> <li>1. Steps off on the left foot.</li> <li>2. Does not anticipate the command of execution.</li> </ol>   |     |     |
| 07.   | Close, MARCH & Forward, MARCH (while marching)       | <ol style="list-style-type: none"> <li>1. MARCH is given on the right foot.</li> <li>2. The base element takes up the half step (beginning with the left foot) following the command of execution.</li> <li>3. The other elements obtain close interval by pivoting 45 degrees to the right on the ball of the left foot, taking the appropriate number of 24 inch steps (with coordinated armswing) toward the base element, then pivoting 45 degrees back to the left on the ball of the right foot, then taking up half steps.</li> <li>4. On the command Forward, MARCH, all elements resume a 24 inch step.</li> </ol>  |     |     |
| 08.   | Extend, MARCH & Forward, MARCH (while marching)      | 1. The same procedure and steps used to obtain close interval are used except the command is given on the left foot and the pivots are made on the right foot.   |     |     |
| 09.   | Change Step, MARCH                                   | <ol style="list-style-type: none"> <li>1. Called on the right foot.</li> <li>2. On MARCH, cadets take one more 24 inch step with the left foot.</li> <li>3. In one count, cadets place the ball of the right foot alongside the heel of the left foot, pin their arms, and shift the weight of the body to the right foot.</li> <li>4. Cadets then step off with the left foot in a full, 24 inch step, resuming coordinated armswing.</li> </ol>  |     |     |
| 10.   | Column Left, MARCH & Forward, MARCH                  | <ol style="list-style-type: none"> <li>1. In marching, turns 90 degrees to the left via 1 or more pivots, depending on place in flight.</li> <li>2. Takes up half step at correct time and maintains until Forward MARCH is called.</li> <li>3. Maintains dress, cover, interval, and distance.</li> <li>4. Resumes full 24 inch steps after Forward MARCH.</li> </ol>   |     |     |
| 11.   | Eyes, RIGHT & Ready, FRONT (While marching)          | <ol style="list-style-type: none"> <li>1. Eyes, RIGHT called on the right foot.</li> <li>2. On RIGHT, all cadets except those on the right flank, smartly turn heads 45 degrees right.</li> <li>3. Ready, FRONT called on the left foot.</li> <li>4. On FRONT, heads are turned smartly back to front.</li> </ol>  |     |     |
| --  | Flight, HALT   | <i>Not graded.</i>   | N/A | N/A |
| --  | FALL OUT   | <i>Not graded.</i>   | N/A | N/A |
| <b>TOTALS</b>   |  |  |     |     |